

美容外科における麻酔 ～良い手術は良い麻酔から～

Anaesthesia in Aesthetic Surgery

- The Better Anaesthesia Practice, the Better Surgical Practice -

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■抄録

美容外科における手術手技に関しては、この15年で良い手術、機材の議論が十分なされるようになり、進歩は目覚ましいものがある。しかし、手術を行うにあたり必ず必要になる麻酔に関してはどうか？良い麻酔薬、機材、麻酔法がでてきているのに進歩があまり見られていないクリニックが多い。

残念なことに、美容外科における医療事故症例は麻酔関連のものが多いのが現状である。

適切な術前評価、麻酔法選択、周術期管理がなされていれば事故を防げた症例もあったのではないかと。

より快適な麻酔で、良い手術を行い、患者満足度を上げていく必要があると考え、美容外科専門医、麻酔科認定医の立場から、現在の美容外科における麻酔の問題点と今後の課題と展望を検討した。

■Abstract

In the recent 15 years, improved surgical practices, equipments and materials are extensively discussed in aesthetic surgery techniques, and their progress is notable and remarkable. However, what about anesthesia that is necessary for surgery? There are many clinics which have not made much progress although there are better anesthetics, equipments and materials, and anesthesia practices.

Unfortunately, many current medical accidents in cosmetic surgery are related to the anesthesia. There may be many cases where accidents could be preventable if the appropriate preoperative management including evaluation and assessment and anesthesia method selection is done.

As a certified aesthetic surgeon and qualified anesthesiologist, also in consideration of patient satisfaction and improvement by the choice of more suitable anesthetic practice and surgical operation, I would like to review the anesthesia issues and future perspectives on the current aesthetic surgery.